

## **TONIC TIME**

#### **BY SHERRY WINK**

It was Saturday again and the Sitzman kids were getting time as she laughing referred to it, the trip to the woods and ready to go to Grandma Roberts'. Mom Sitzman had made pastures was scheduled a big breakfast this morning with hot biscuits and sausage gravy, with fried eggs and fresh milk. She said they needed You see, there wasn't much way to keep fresh foods around to be full of good food since they had a big day ahead!

valleys, on the sides of the hills where the sunshine warmed for something fresh!

up little crevices and small hidden meadows. That meant it was time to go foraging with the whole family. The Sitzman kids all looked forward to this every year! Mom Sitzman packed a big picnic lunch, and Dad Sitzman always threw a little



extra firewood in the back of the Model A pickup to sure they'd be able to have a nice fire for lunch. Dad liked his coffee hot!

Early in the spring, Grandma Roberts would start watching the sides of the roads and take side roads to check out her "special" spots. And once she spotted the tale-tale signs of new little green sprouts, she started keeping track of them. pigweed, dandelion, and chicory. And don't forget purslane Of course, there were a lot of little details that all had to come together. It couldn't be too wet or raining. And of course, a late snow would push the schedule a few more you could even eat parts of the cattails that grew around weeks away. But when she declared the time right, tonic Ponds.

in the winter. And the green beans and dandelion greens that had been canned last year had been finished off in Spring was just starting to creep in around the edges of the February. But now with the first hint of spring, it was time

> Now of course Dad Sitzman always planted a garden. But the greens he planted like lettuce and collard greens took time and warmer weather to grow. But Mother Nature had her own way of warming up those little nooks and crannies in the hills to get spring off to an early start.

> There were a lot of wild plants in Nebraska that were not only edible but delicious. And Grandma Roberts' and Mom Sitzman agreed that these fresh greens were always just what was needed after a long winter to clean out the cobwebs and get some great vitamins at the same time.

> It really was amazing just how many plants that grew wild could be harvested to eat. There was lambs quarter, and violets, chickweed, and even that mean old plant the stinging nettle. Why, if you know what you were doing,

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Of course, not all of these could be found this early in the spring. But the lambs quarter and violets were easy to find, and if you got lucky, you would find dandelion and chickweed once in a while too. All of these plants had leaves that could be eaten raw in a salad. Some of them could also be cooked up like spinach. Grandma Roberts liked to cook them up with vinegar, bacon and scrambled eggs. There was

always a line at the kettle when she did that, except for Suzanne, who just did not like cooked greens at all! But she did enjoy the fresh salads they had for



several days after this trip. They tasted so good after months of dried and canned food. Sometimes, even their eggs were dried, when the chickens didn't lay as good on the short winter days. But that's another story!

Now some of the Sitzman kids liked this trip to the woods because they looked forward to the fresh food. Some of them liked it because they got to roam through the woods and nobody fussed at them if they got dirty as long as they brought back stuff in their basket. And all of them liked it because of the fun of making lunch around a fire, especially if the day was still a little chilly! Sometimes on the colder days as a treat, Dad Sitzman would pull out the manifold cookers for the Model A truck and Grandma's Tudor.



Grandma Roberts' would have fresh bread dough made up and put biscuits in each one. By the time they got to where they going, that bread was smelling good. Dad Sitzman had been known to take the long way at times just

to give that bread time to cook! Grandma Roberts' even made hot cocoa over the fire, which was quite a treat with some of her homemade cookies for dessert!

So off to Grandma's house they went, and by the time they had gotten everyone together and back in the car, the wetness had dried off the grasses and it was time to grab their baskets and take off.

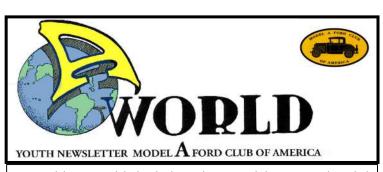
All of the Sitzman kids knew that they could stay in the woods all morning as long as they headed back to the fire when the sun was straight overhead. And as long as they spent as least a little time filling their baskets with those green goodies!

Once back at the camp, all the greens were thrown into a big bushel basket. Of course, kids being kids, there was always a competition over who could find the most and best stuff. There was always good-natured arguments over if the fullest basket counted more than a smaller amount but of harder to find greens. Dad Sitzman good-heartedly played referee and by the end of the day, the Sitzman kids had to agree that in the long run they all won with the good food they ended up

for lunch and to take home!

By the end of the afternoon, all the Sitzman kids were tired, muddy, and stuffed full of good food. They had to admit they were ready to go back home. There the greens would get dumped in buckets of water and Grandma Roberts, Mom Sitzman, and some of the older girls would start washing and picking through them. You never knew what the little kids might have added to the collection!

At supper, Grandma Roberts and Mom Sitzman would bring out the glorious huge green salad. The mixture of the different greens was delicious! The rest of the meal was light, mostly bread and cheese, and maybe some thinly slice beef to make sandwiches with. Everyone filled up so much on that great green salad that there wasn't really any need for much more. Grandma Roberts always made sure to keep the mix of greens balanced because she knew if she didn't, too much of certain kinds would have the door to the outhouse in back swinging. But in her way of thinking, a little cleaning out of the system wasn't a bad thing anyhow!!



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# North Island Model A Ford Club of New Zealand Model A Ford Colouring Competition Winner ISLA CROW



Isla sitting on running board of Grandad's Roadster



Liz and Graham Somervaille with granddaughters Isla and Esther Crow



Karen Thomas presenting winner Isla Crow with gift

#### Congratulations Isla Crow - well done!

It was a proud moment for Isla Crow and her family on Saturday 4 February when Isla was presented with her prize for winning the Model A colouring competition. Isla received a \$30 movie voucher, feather pen, chocolate bar and a North Island Model A Club cap. Isla was very excited uttering to her mother whilst opening her gift "I can now buy my own popcorn when I go to the movies". Isla is the granddaughter of Liz and Graham Somervaille who have been members of the NIMAFC for 20 years.

Graham drove his Model A Roadster down to Isla's home where all the family met so we could present Isla with her gift beside her Grandad's Model A.

Isla is 7 years-old and was very particular with her colouring in using the crayons given to her and using colours that portrayed the Model A well. The selection of winner was very difficult therefore we passed the judging over to an independent judge who has no connection with the club.

Isla's sister, Esther, 5 years-old finished runner-up. It is very hard when a 5 year-old says to you "how come I didn't win when I am her sister".

Karen Thomas, Editor NIMAFC New Zealand



# KIDS AND THEIR "A"S!



Jackson Bright, putting in a little wrench time on tour with his dad in Larsen National Park. Jackson lives in California.



Tucker and Elliot Callahan share their dad Chris's love of their Model As. They live in Washington State.



AJ Simmons from Woodward Oklahoma is holding the 3 trophies won at a recent car show. What a haul!



Dale and Kathie McCall shared this great shot of their 1930 Tudor at Irvine Park, Orange California. Twin sisters Elise and Caitir Grillo, 8 yrs old, were trying to avoid big brother Giovannia



Brantley, posing here with his 1931 and assorted trophies, lives in Elko Nevada.





Dean Niederkrom has a good reason for his huge smile. His grand father who was a long time MAFCA member actually gave him this truck. Yes, he's 11 and has a model A pickup.





Nicholas Govosdian is 7 and lives in Pennsylvania. You can tell he is quite proud of their 1930 Blindback.



Natalie and Trevor Zavacki like this Woody! They live in Pennsylvania too!





GLENN & WILLCOX

Owen loves his Model A Truck He lives in Ontario, Canada



Molly and Timmy Gauntt. are from Egg Harbor City, New Jersey. They love the family Model A not the least because a lot of times the trips include ice cream. Molly looks like she's ready to drive there by herself soon!



Bradley, Robert & Mason from Atlanta Georgia really enjoy their Great Great Grandpa's 1929 Model A.



Morgan and Mason live in Lovelock Nevada. This coupe first belonged to their great aunt, and then was passed to their dad. It was restored in 1993.

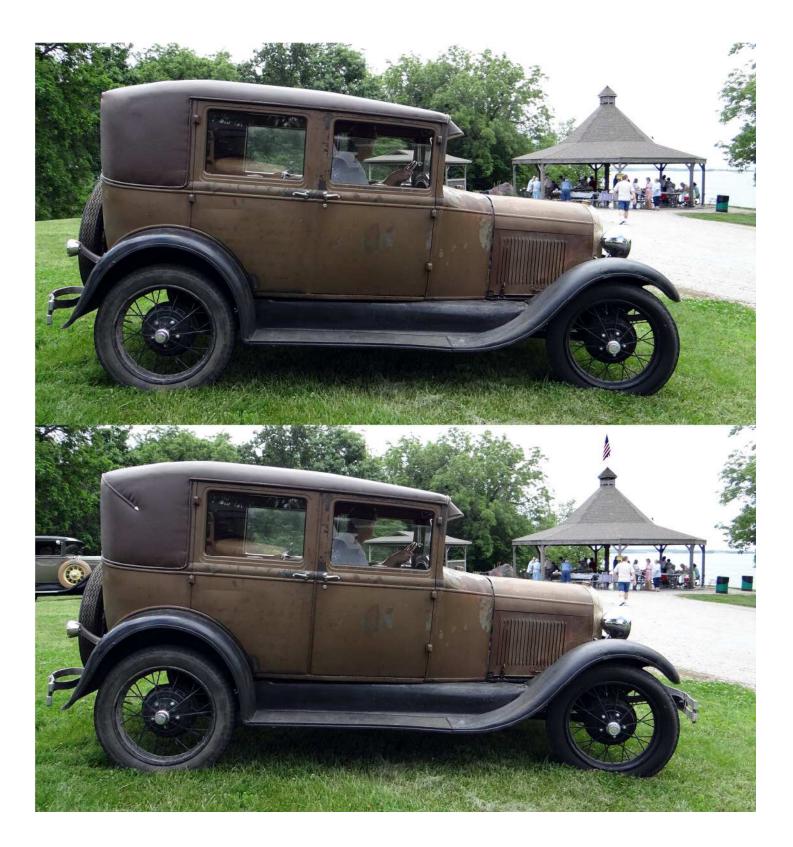


Isn't this a great picture? Unfortunately, I received it with no identifying name. If this is you, let me know and I'll print it again with your name!

# **SIX THINGS ARE DIFFERENT!**

Meet Ms. Glenda. Ms. Glenda is still wearing her original paint job! She was at a picnic, BUT in the picture on top, the ants seem to have carried a few things away. Can you find them without looking at the hints?

The answers are on page 9 but don't peek too soon!



#### Model A Ads

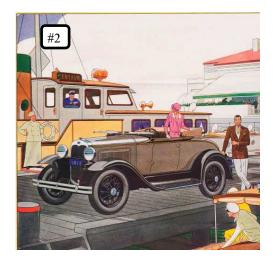
Have you ever looked at the Model A ads from when they were new? Each ad has a Model A going about daily life while telling us how safe or practical or sporty they are. But there are more to these ads than just the cars.

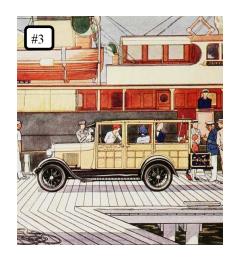
Even back then, Advertisers knew how to throw in subliminal messages. These are messages that are not so obvious when you look at the ads, yet still send a deliberate message that they want you to catch. It's like when Coke or Pepsi pays someone in a movie to be shown drinking their soda. They hope we get the message that the hero or star is knowledgeable about what tastes best so we'll want to buy it also! Well, Henry Ford did that with his advertisements too.

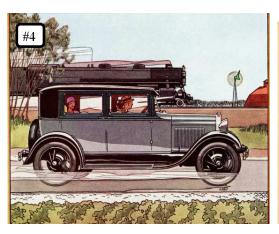
Here are some examples of what I'm talking about. The first thing we see of course is the Model A in each picture. But now look at the background. Can you see it? In each of these below pictures, Ford included another powerful form of transportation. #1 has an electric street car in the right corner. Not too obvious, but it's there. #2 has a large yacht while #3 has a huge ocean liner, both filling up the backgrounds. #4 & #5 both make use of a train, one very obvious, and the other more subtle. #6 shows a sea plane just behind our speedy little car.

Also, look at how many of these also have some type of workers in them, although never the Model A drivers! #1 has a servant holding packages. #2 has a captain and a chef ready to serve. #3 has crew members helping with the luggage, and #6 has the pilot ready to take off. There are other subtle messages in there too! Look at #4 and see how the smoke of the engine has the same angle and density as the dust along the wheels of the Model A. And in almost all of them, at least one of the bystanders is looking and admiring the Model A.













#### Model A WordSearch

Find the words that make up a Model A ignition system!

ammeter coil primary sparkplugs		battery ignition rotor windings									cam points secondary										
			Т	N												M	A				
		H	F	V	G										N	Т	1	J			
	С	Y	M	S	P	Α	R	K	P	L	U	G	S	G	V	U	F	0	Н	Н	
G	Т	Α	R	0	L	E	C	Y	P	В	R	Y	C	0	1	L	C	1	M	L	E
C	В	U	M	E	Т	A	Q	K	Y	P	R	I	P	0	1	N	Т	S	A	L	W
J	K	C	G	E	Z	K	L	R	N	Α	J	N	N	M	G	X	E	Z	P	Q	L
X	L	A	M	Q	В	E	E	N	D	W	1	N	D	1	N	G	S	S	S	L	C
	R	M	C	F	P	T	X	N	G	U	1	G	N	1	T	1	0	N	0	Z	L
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## Model A's in the Movies

Model A's were not just popular with everyday people. Over the years they made many, many appearances in films. Some were serious, some were funny. A famous comedy team, the Three Stooges used them a few times over their long career. Moe, Larry, and Curly made movies from the 1930's up into the 60's. Here are a few Model A shots from some of their movies. Looks like they had a lot of fun with them!







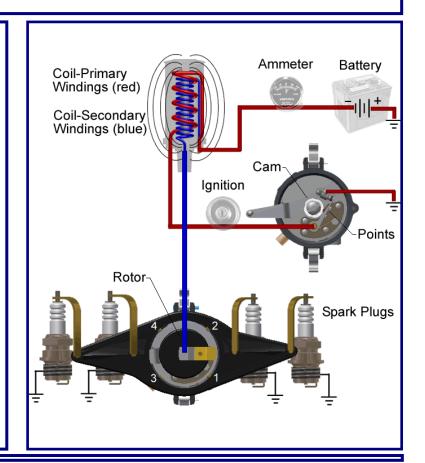
This newsletter is directed toward kids of all ages. That means some of you might actually be getting close to driving age! This is a good time to familiarize yourselves with the basics of how Model A's work. So I thought it is time to start putting in a few articles about that.

The below information is from a website called modelabasics.com. This is a great site that has a lot of information in a very easy to understand format. Check it out if you have the time!

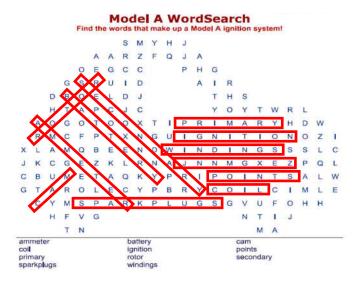
### A Simple Guide to the Model A ignition System—How Does It Work?

The ignition switch allows the driver to turn the system on and off. Turning the key to the on position closes the circuit and allows current to flow. As current flows around the **primary coil**, a magnetic field is created. The strength of the magnetic field is determined by how long the points are closed.

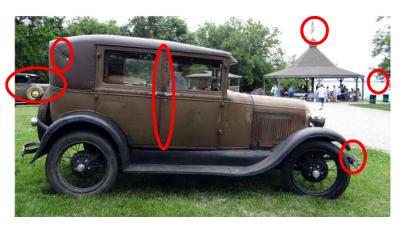
The points act as a mechanical switch that is controlled by the distributor's cam. When the points open, the circuit is broken; this instantly collapses the magnetic field and induces a high voltage into the **secondary windings**. The voltage is so intense that in its path to ground, it ignites the fuel air mixture in the combustion chamber.



#### **Puzzle Answers**



#### Six different things:



## Speed and the Model A

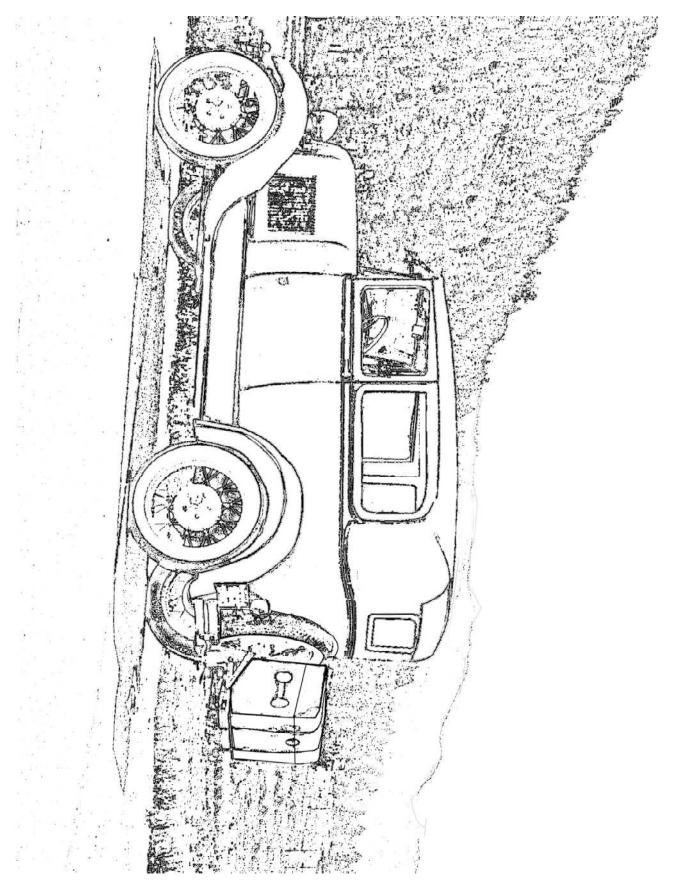
Nowadays, we tend to think of Model A's being a car to just "toodle" down the road in. We baby them and try not to drive them too fast, or take them on gravel or snowy roads. (And yes, we all know exceptions to that, don't we!) A few people use them as their everyday drivers, but most of our cars sit in their garages waiting for that club tour, or a nice day to just go for a relaxing drive.

But even when they were brand new, not everybody was that careful! Hot Rods are not a modern invention, although I don't know when we started calling them that. And Model A's were not just Sunday drive cars. Unless you include Sunday at the race tracks! One of the bragging points of the new Ford, when it came out, was its ability to go as fast as 65 miles per hour! Check out the pictures and ads below. From the very first, some guys just wanted to go faster than the other guy! And of course, there was always someone working to find a way to do that!



with a new transmission, power head, and down draft carb! This is a picture of the Old Lady in the Colorado Mountains for you to color!

It was the first time she and I had driven together in the mountains, and it was a lot of fun. Hope you have fun coloring her!



#### Rumble Seat



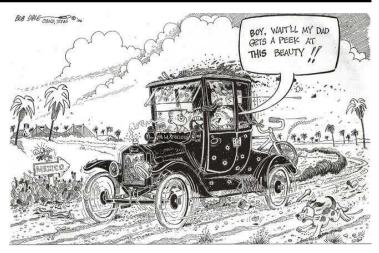
Sherry Wink

2017-I can't believe it's a new year again. I mean, I know it happens every 12 months but still....it just sneaks up on me! But of course, that means your Model A is anywhere from 87 to 90 years old! The Old Lady will be hitting 88 in April. And of course she still loves to get out there and show her stuff. Can you believe that after all those years there are so many of these beautiful cars still driving up and down the roads and boulevards? It's amazing to me!

So, what are your plans for the upcoming year? Are you planning any great tours or going to any conventions? I plan on being at the Omaha Regional in June. If you are there, look me up and say hi!

Of course that's not the only fun thing to look forward too. There are always club tours and drives. Gettogethers and picnics. And of course those great times when it just load up family and/or friends and head for a back road drive that might just end up at the local ice cream location! That's the favorite destination when my nephews go for a drive with me and the Old Lady!

Do me a favor. When you head out on one of those fun trips, take your camera! And take some pictures of you having fun with your Model A. Then, of course, send me a copy for this newsletter! Looking forward to hearing from you soon!



#### **Quiz Time**

Take a half sheet of paper. Number 1-10. Name at the top right corner. If you share this A-World with others in your family or friends, make sure you do not write on the newsletter pages. There are two ways to take this quiz: 1) Not looking back 2) Looking back as you take the quiz to find the answers. Try the "not looking" way first!

- 1) What did Grandma Roberts' put in the manifold cooker?
  - A) Chicken B) Biscuits C) Apple pie
- 2) What didn't Suzanne like?
  - A) Salad B) Biscuits C) Cooked greens
- 3) What country other than the US is mentioned in Kids and their "A's
  - A) New Zealand B) Sweden C) Canada
- 4) What type of contest did Isla win?
  - A) Racing B) Coloring C) Running
- 5) What is the name of the Model A in "six different things"?
  - A) Ms. Daisy B) Henry C) Ms. Glenda.
- 6) What type of messages did Ford include in Model A ads?
  - A) Clear B) Subliminal C) None
- 7) What is the name of the comedians in the article on Models A's in the movies?
  - A) The 3 Stooges B) Laurel & Hardy C) Dean & Jerry
- 8) An ammeter is part of what Model A system?
  - A) Exhaust B) Ignition C) transmission
- 9) How fast did the R&R Cyclone Model A car claim to go?
  - A) 90 mph B) 100 mph C) 101 mph
- 10) What Model A is on the coloring page in this issue?
  - A) Old Blue B) Ms. Glenda C) The Old Lady

Answets:1) B, 2) C, 3) C 4) B, 5)C, 6) B, 7) A, 8) B, 9) C, 10) C